

Kate Maxx

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Intro to Lap Dancing

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Overview



Intro to Lap Dancing with Kate Maxx is a beginners guide to how to bring the strip club experience to your bedroom. In this course we will cover subjects like performance anxiety and how to overcome it, tips on seduction, 5 basic moves to get your partner going, lap dance games you can play and how to set the mood in your own home. I will teach a short easy routine that will get you started on your lap dance session. You will then get a chance to practice your new techniques on a partner in

the class before you perform for your partner! We will then bring it the partners for a lapdance! A private lap dance booth will also be set up with the option of having your experience filmed or photographed for a fun keepsake. Get ready to let your inner stripper out!

Class

The first portion of the class is for ladies(whoever is dancing) only. This is in place to help get over performance anxiety by learning with your peers and open discussion about fears, concerns and general questions. We will begin with a short chat that covers my mission statement-why I want to help women bring the strip club to their bedroom. We will then open the floor to any questions, comments and feelings about lap dancing. We will then move on to a quick lesson in seduction- how to seduce your partner without letting them touch you, eye contact, using body parts you'd never think of to drive him crazy, how to pick your music and



how to set the mood at your home. I will also give you a few games you can play with your partner during a dance for the ultimate tease!

We will then move onto the action!! I will be going over 5 basic Lap dancing moves that are easy to learn for any body type. I will demonstrate each move and explain how it can be used while giving a lapdance. After each move you will be asked to partner up and practice on each other or you may choose to practice on a chair or blowup doll, whatever you are comfortable with. I will also show you how to incorporate these moves into a sultry little routine to perform for your partner!

The Moves:

1. The leg tease
2. The grind
3. Full body slide
4. Cowgirl
5. Booty appreciation



Bring in the partners!

The second part of this class allows you to use what you've just learned in part one to seduce your partner. Your partners will be seated in the chair you just practiced on and we will perform the routine plus extra free time to improve your own sequence. This is the time to incorporate any lapdance games from portion 1 that you may want to try out. Those who want to participate in a more intimate experience, we will have a

private booth where you can give a 10 min show to your partner, please bring your own phone or camera for this portion. You have now completed Intro to Lap Dancing with Kate Maxx, i hope you'll enjoy using your new dancing skills anywhere you please!



What you will need:

Recommended attire- Bikini or lingerie, something that is easy to remove.
Heels (going barefoot is always an option if you are more comfortable without shoes)

Accessories- anything that makes you feel extra sexy, something fun to tease and play with is also recommended. Below is a lookbook for what you can consider wearin and bringing.

Bring Your phone or camera! We will be offering photo and video services of your private dance as a keepsake, on your own phone for privacy purposes.







